



Confident communicators	Knowledgeable and experienced learners	Committed community contributors	See the future and are ready for it
Our curriculum provides planned opportunities for all students to improve their ability to articulate their views and ideas in a confident and fluent manner, through what they say; what they read; what they write and what they create. Through this our students develop in both self-belief and confidence in their ability to communicate in a variety of settings.	Our curriculum provides opportunities for all students, regardless of their starting points, to develop the tools needed to learn and acquire both knowledge and skills. Through carefully sequenced learning, students' resilience grows as they become increasingly independent and proactive learners, who are empowered to succeed.	Our curriculum provides opportunities to enhance the cultural, creative and technological capital of all our students so that they can all make personal contributions in the wider community. They are proud of their school; understand the world around them. They develop personal skills as well as leadership attributes in order to make a positive contribution.	Our curriculum provides the opportunities, qualifications and aspirations, so that our students are able to make informed choices at each milestone. They are knowledgeable and have high aspirations for their own success so that they can thrive within a 21 st century world. Our students are supported to develop the skills to face uncertainty in new situations, and the resilience to persevere when faced with new challenges.

Physical Education

Our students can talk about sport and physical education in various contexts with increasing confidence. They will develop their leadership skills, adapting them to challenging environments.	Our students will develop the skills, knowledge and understanding of physical education, and an appreciation of the relevance of these in our changing world. They will develop physical and theoretical skills and apply their learning to practical situations.	Our students have an understanding of their responsibilities as advocates of a healthy, active lifestyle. They know ways that they can make a positive contribution to the future by leading the way in physical activity and sport.	Our students are able to apply the skills that they have developed to new opportunities in physical education. They understand how the skills that they have developed in physical education are transferable to other activities and lifelong learning.
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What are we trying to achieve?
Intent

<p>During key stage 3 our students will be able to:</p> <ul style="list-style-type: none"> • Demonstrate effective decision making under pressure in a range of different activities including football, netball, rugby (league or union), handball, gymnastics, dance, health related exercise, table tennis, basketball, rounders, cricket, SHA and athletics • Develop their technique/ skills and improve their own performances. • Demonstrate resilience and physical fitness by remaining active for sustained periods of time promoting health and fitness. • Show confidence and communication when leading others, being able to analyse their own and others performances giving constructive feedback to aid improvements 	<ul style="list-style-type: none"> • Show consistent positive learning behaviours demonstrating a range of key values related to physical activity and lifestyle. • Lead healthy and active lives through gaining the required knowledge especially in the health related fitness programme of study • Pupils in key stage 3 take part in 2 hours of practical PE per week • Have the opportunity to take part in the leadership academy internally via lessons and externally via helping at sporting events for the primary schools under the guidance of Mr Painter the School Games Organiser. (2 year programme covering Y9 and Y10).
<p>During key stage 4 our students will be able to</p> <ul style="list-style-type: none"> • Gain the knowledge, understanding and skills to develop their own performance in sport/ dance covering the same programmes of study in key stage 3, building on their skill, tactics and strategies to aid their overall performance in games and competitive situations. • Gain the skills and experiences required in order for them to lead a healthy and active lifestyle when leaving Beckfoot Thornton. 	<ul style="list-style-type: none"> • Students in key stage 4 take part in 1 hours of practical PE per week. • Students can choose either GCSE PE, GCSE Dance or Cambridge National in sports studies) • Have the opportunity to take part in the leadership academy internally via lessons and externally via helping at sporting events for the primary schools under the guidance of Mr Painter the School Games Organiser. (Y10 follow on from Y9)
<p>By the end of Key Stage 5 our students will be able to:</p> <ul style="list-style-type: none"> • Become knowledgeable and have high aspirations for their own success so that they can thrive within sport and/or physical activity. • Gain knowledge and understanding for future opportunities in education through sport, physical activity and dance in further education. • Gain the skills and experiences required in order for them to lead a healthy and active lifestyle when leaving Beckfoot Thornton. 	<ul style="list-style-type: none"> • Have a depth and breadth of knowledge, understanding and skills relating to scientific, socio-cultural and practical aspects of physical education. • Improve as effective and independent learners and as critical and reflective thinkers with curious and enquiring minds. • At Key stage 5 we offer AQA A Level PE, students study Factors affecting participation in physical activity and sport, Factors affecting optimal performance in physical activity and sport and an Non-exam assessment: Practical performance in physical activity and sport. • The opportunity to select the sport Leaders Level 3 qualification at Y12 as part of their enrichment programme gaining valuable UCAS points