

PE kit policy

The compulsory PE kit is the same for all students and is made especially for our school and can be purchased from Bradford city centre at Natasha Schoolwear, Rawcliffes and other distributors.

We are incredibly proud of our uniform, including our PE kit as it helps to instil a sense of pride and belonging for our students.

All students must bring to school the following for each PE lesson -

- Navy/sky blue hooped football socks or navy blue football socks
- Navy blue shorts – with school badge or completely plain
- Navy/sky blue t-shirt with school badge
- A hair bobble for all students who have chin length hair or longer
- Trainers for use indoors and on the astroturf. These can not be the same shoes that are worn as school uniform during the rest of the day

Students may also choose to have the following

- PE jumper - with school badge. These are advisable for use in cold weather
- Blue leggings with the Beckfoot Thornton logo OR plain blue leggings
- Jogging bottoms with the Beckfoot Thornton logo OR plain blue jogging bottoms
- Waterproof jacket with Beckfoot Thornton logo
- Dance shoes/ ballet shoes can be worn for gymnastics or dance
- Moulded or studded football boots for rugby. Students will be informed when they are required. These are not compulsory, trainers are suitable.
- Under-armour type skins shirts under their PE T-shirt if this is black or blue to provide additional layers in cold weather

Students are allowed to wear additional layers for activities so long as their top item is listed in the “must” list above. Hats and gloves are allowed in lessons if the weather and sports permit. Gymnastics and dance require students to be in bare feet or wearing one of the optional items above for health and safety reasons. Additionally, no jewellery or hair clips are to be worn in PE for the health and safety of themselves and others.

My child is involved in extra-curricular activities – how is this contribution recognised?

We have a thriving after school extra-curricular programme and offer sport/ activities through the year. If your child attends a minimum of 75% of training, performing and playing they will receive a sports tie in recognition of them representing the school. Should they stop training, performing or representing the school in the next academic year we will swap their tie back for a normal school tie.

What happens if my child does not bring their PE kit?

We expect all students to come to school properly equipped for learning, this includes their PE kit. If a student does not bring their kit they will be expected to borrow items from the school supply. This supply is regularly washed regularly, including PE socks which are washed after each use so that other students can borrow them.

As you will know as a school we have a new behaviour protocol and below is how it will be implemented in PE lessons:

C1 - Kit forgotten first time. Borrow kit and logged on class charts by classroom teacher.

C2 - Kit forgotten and refuse to borrow kit when asked by the teacher.

C3 - Kit forgotten and class teacher sends them to speak to Mr Kellett/Miss Ballantyne. C3 given and 30 minute detention logged on class charts even if they then make the right choice and borrow kit and return to their lesson.

C4 - refusal to borrow kit when spoken to by Mr Kellett/Miss Ballantyne On call and taken to removal room. If a PE theory lesson is on at that time students are to go there, if not they will go to another lesson in school and complete some work from their knowledge organiser.

Can my child wear jewellery for PE and what other health and safety requirements are there?

At Beckfoot Thornton, we follow the health and safety guidance from the AFPE (Association For PE), below are the main areas that we must adhere to.

- **JEWELLERY – (Includes earrings, watches, nose studs, rings and bracelets)** - The AFPE advise that all personal efforts are removed at the commencement of the lesson. This applies to ALL ear and body piercings, Staff should always give a verbal reminder to students and, where necessary, visually monitor the group and or individuals when removing jewellery.
- **MEDICAL BRACELETS** - Soft material and Velcro fitting are accepted for most activities without the need to remove them. If the bracelets are sharp edged etc they are to be taped up, covered with a wristband or jumper.
- **FITNESS WATCHES** - Fitness watches and wristbands to monitor activity need to be removed for PESSPA sessions, clubs and activities
- **RELIGIOUS ARTEFACTS** - Religious artefacts need to be removed or made safe by being covered. Where removal of religious artefacts proves to be extremely contentious and agreement for removal in Physical Education, school sport and

physical activity (PESSPA) session cannot be achieved, the activity and involvement of the wear needs to be suitably modified to mitigate risk

- **LONG HAIR AND NAILS** - Long hair should always be tied back with a suitably soft item to prevent entanglement in apparatus and to prevent vision being obscured. Nails need to be sufficiently short to prevent injury to self and others
- Headscarves (such as hijabs) where worn, should be tight, secured in a safe manner, particularly at the side of the face, and unlikely to obscure vision or catch on anything that may put the wearer at risk. students can also consider obtaining a sports version of the hijab, for improved suitability. these are available from high street stores and on the internet.
- **BAREFOOT WORK** - barefoot work is safest, whether on the floor or apparatus, because the toes can grip. Barefoot work in both gymnastics and dance can improve aesthetics by allowing the foot and toes to move through a full range of flexion and extension, which in turn strengthens the muscles, bones and joints.

What happens if my child is injured and can not do practical sessions?

Please provide your child with a note detailing why they can not take part in a practical session and when you anticipate them being able to get involved. Students will still need to bring their PE kit to school so that they can take part in the lesson in a non-practical role eg coach or giving feedback to other students. By changing into PE kit students will make sure that they do not get their normal uniform wet etc and will still feel part of the lesson. PE staff are not able to make calls home during the school day.

Students who have long standing medical problems or miss more than 2 weeks will require a doctor's note explaining the reason for the absence and an estimated time out of lessons. They will still be encouraged to take part as much as possible within Physical Education and will still need to bring their kit each week. Where a student has a cast or is on crutches etc other options will be available. Please make the PE Staff and head of year aware of any acute medical conditions, so that appropriate alternative arrangements can be put in place. Emailing TKendall01@beckfootthornton.org (Medical Hub Coordinator) in advance can help with this.